

## INVITATION TO PARTICIPATE IN A RESEARCH PROJECT

Dear Parent,

You are invited to participate in a student research project being conducted by the *School of Psychology, University of Queensland* and the *Discipline of Psychology, RMIT University*. We are conducting a study to investigate the **experiences of parents of school aged children (6-18 years)**. We are specifically interested in investigating the inter-relationships between:

- Parent and child demographic characteristics
- Daily parenting hassles and accommodations
- Parenting practices
- One's beliefs around their parenting
- Social supports available
- Psychological well-being
- Coping
- Child behaviour



### Why do we want to know this?

The factors mentioned above have been identified as predictors of **positive parenting**. This research will support the creation of *profiles* of the parenting experience, which will help us to: (1) improve the intake procedures of disability and/or family services to better identify families and children in need of additional supports, and (2) identify appropriate support strategies for parents, children and their families to enhance their day-to-day lives.

### How can you help?

Participation will involve *completing an online OR paper questionnaire*. It will take around *30 minutes*. The questionnaire will contain measures of the factors listed above. Your responses will be kept private, and no names or identifying information will be recorded.

#### • TO COMPLETE THE *ONLINE QUESTIONNAIRE*:

Please go to the website below, read the plain-language *Participant Information Sheet* and follow the prompts;

<https://goo.gl/HJocGd>

The **PASSWORD** to access this online questionnaire is: **profiles**

#### • TO COMPLETE THE *PAPER QUESTIONNAIRE*:

If time to sit down at the computer for 30 minutes is a problem, you can do the questionnaire on paper. For a paper version, please *contact* Maria Vassos [07 3247 5080; [maria.vassos@uq.net.au](mailto:maria.vassos@uq.net.au)] or Susana Gavidia-Payne [03 9925 7710; [susana.gavidia-payne@rmit.edu.au](mailto:susana.gavidia-payne@rmit.edu.au)].

**Parents who complete this questionnaire can go into a raffle to win one of four \$100 Coles Myer gift cards!**

### Any questions?

Feel free to contact the lead investigator, Maria Vassos [[maria.vassos@uq.net.au](mailto:maria.vassos@uq.net.au) or 07 3247 5080] if you have any questions about this research project.

**We hope that you choose to participate in this study!**

